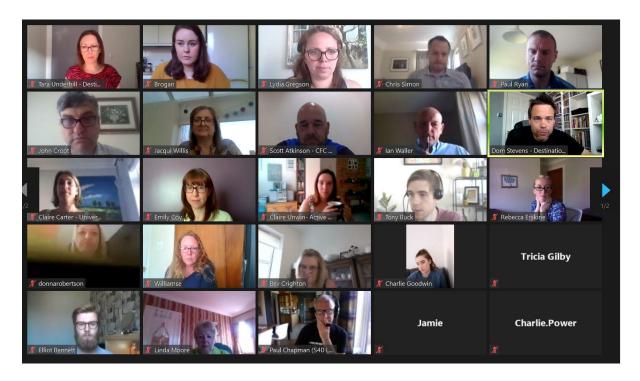
#### Wednesday 20th May - Meet the Champions: Health and Wellbeing



In celebration of Mental Health Awareness Week, Champions heard from speakers about improving the health and wellbeing of their team and local people.

Special thanks to our speakers Jacqui Willis (Derbyshire Voluntary Action), John Croot and Scott Atkinson (Chesterfield FC Community Trust), Chris Simon (Active Derbyshire), Paul Ryan (SHAPE Partnership) and Ian Waller (Chesterfield Borough Council). They provided a wealth of information about the work they are doing and opportunities to improve health and wellbeing across the town. A couple of links to their websites for further information can be found below:

- DVA <a href="https://dva.org.uk/">https://dva.org.uk/</a>
- Chesterfield FC Community Trust http://www.spireitestrust.org.uk/health-wellbeing/ -
- Active Derbyshire <a href="https://www.activederbyshire.org.uk/active-at-home/">https://www.activederbyshire.org.uk/young-people-active-at-home/</a> and <a href="https://www.activederbyshire.org.uk/young-people-active-at-home">https://www.activederbyshire.org.uk/young-people-active-at-home/</a>
- SHAPE Partnership <a href="https://www.facebook.com/SHAPElearningpartnership">https://www.facebook.com/SHAPElearningpartnership</a>
- Chesterfield Borough Council <a href="https://www.chesterfield.gov.uk/sport-and-leisure/healthy-lifestyles-and-wellbeing.aspx">https://www.chesterfield.gov.uk/sport-and-leisure/healthy-lifestyles-and-wellbeing.aspx</a>

#### Wednesday 29<sup>th</sup> April – Creative Business Ideas and Business Support



The team at Destination Chesterfield were keen to bring together Chesterfield Champions during Covid-19 period. The first virtual Champions breakfast showcased creative business ideas from fellow Champions, as well as updating on business support available locally.

The speakers Amy Hallam (BRM Solicitors), Emily Coy (Business Doctors) and Huw Bowen (Chesterfield Borough Council) gave a great overview about the business support available in Chesterfield during this time and how to find it. There were also video updates from Champions letting us know how they are creatively dealing with the impact of Covid-19 including The Tickled Trout, The University of Derby, Oasis Studios, Casa Hotel, Chatsworth, Chesterfield College, Geeks HQ, GBS Apprenticeships, Virtual Newsdesk and Chesterfield Borough Council.

#### Wednesday 5th February – Sustainability



Sustainability is a hot topic across the news this month and businesses are being encouraged to make sure they are making steps towards becoming more sustainable.

At this Champions event we heard from Ian Waller, Chesterfield Borough Council, who introduced the work of the Chesterfield Climate Change Working Group and the highlighted the work the council are doing to reduce the carbon footprint locally, especially within the business community. To support this Emma Knight-Strong, from Champion organisation Green Arch Consulting, also spoke about the support she can provide business to design and deliver sustainability strategies and the importance of creating a sustainable business culture.

This event also showcased the work that Chesterfield Champion organisations are doing to keep Chesterfield sustainable including presentations from Ultra Refrigeration, MSE Hiller and Custom Solar.

# <u>Wednesday 15th January – Destination Chesterfield Consultation Event and Launch of Waterside Quarter</u>



Chesterfield Champions joined together to help shape the Destination Chesterfield marketing plan for promoting the town over the next few years. It was a great interactive event with plenty of opportunities for Champions to have their say.

At the event we also heard from fellow Champion Avant Homes as they launched the Waterside Quarter – showcasing the plans for the new estate and what we can expect to see coming out of the ground in the next year.